

SNIPER COURSE

№	Topics	Educational hours according to the plan							chair
		Total amount of hoursB	including						
			lectures	Seminars for	Round tables	Solution of situational tasks	Business and role plays	Group exercises	
1.	<i>Measures of precaution when handling with weapons</i>	2	-	-	-	-	-	2	Special anti-terrorist unit «Almaz»
2.	<i>Principles of shooting</i>	2	2	-	-	-	-	-	Special anti-terrorist unit «Almaz»
3.	<i>Types, functions and tactical-technical characteristics of vision devices and sniper weapons</i>	2	2	-	-	-	-	-	Special anti-terrorist unit «Almaz»
4.	<i>Mechanism of the 7.62mm sniper rifle(SVD)</i>	4							
4.1	Functions, combat characteristics, tactical and technical characteristics of 7,62-mm Dragunov sniper rifle. Design and work of parts and mechanisms. Telescoping sight.	2	2	-	-	-	-	-	Special anti-terrorist unit «Almaz»
4.2	Examination of the sniper rifle and preparation for shooting. Partial dismantlement and assembly. Delays by shooting and the ways of elimination.	2	-	-	-	-	-	2	Special anti-terrorist unit «Almaz»
5.	<i>Tactical procedures and the rules of shooting from a sniper rifle</i>	60							
5.1	Observation and surveillance of targets, determination of the	4	-	-	-	-	-	4	Special anti-

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	distance in various ways, establishing the priority of targets.								terrorist unit «Almaz»
5.2	Arranging and disguise of a firing position of a sniper pair in urban environment.	6	-	-	-	-	-	6	Special anti-terrorist unit «Almaz»
5.3	Arranging and disguise of a firing position of a sniper pair in forest environment.	8	-	-	-	-	-	8	Special anti-terrorist unit «Almaz»
5.4	Tactical techniques of sniper groups during antiterrorist operations for hostage extraction in buildings.	8	-	-	-	-	-	8	Special anti-terrorist unit «Almaz»
5.5	Tactical techniques of sniper groups during antiterrorist operations for hostage extraction in a passenger car, bus.	6	-	-	-	-	-	6	Special anti-terrorist unit «Almaz»
5.6	Tactical techniques of sniper groups during special operations on protection of VIPs.	8	-	-	-	-	-	8	Special anti-terrorist unit «Almaz»
5.7	Training of skills of sniper groups on nearing the place of special operation , taking advantageous firing position, conducting observation of the object in urban environment.	6	-	-	-	-	-	6	Special anti-terrorist unit «Almaz»
5.8	Training of skills of sniper groups on nearing the place of	8	-	-	-	-	-	8	Special anti-

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	special operation , taking advantageous firing position, conducting observation of the object in forest environment								terrorist unit «Almaz»
5.9	Complex building assault including fulfilling combat assignments by sniper pairs.	6	-	-	-	-	-	6	Special anti-terrorist unit «Almaz»
6	<i>Firing practice from sniper weapons</i>	26							
6.1	Getting the weapon ready to fire.	4	-	-	-	-	-	4	Special anti-terrorist unit «Almaz»
6.2	Preparatory exercises. Shooting at static, appearing and moving targets under restricted time and at various distances according to exercise 10 of a special shooting course.	4	-	-	-	-	-	4	Special anti-terrorist unit «Almaz»
6.3	Preparatory exercises. Shooting at static, appearing and moving targets under restricted time and at various distances according to exercise 11 of a special shooting course.	4	-	-	-	-	-	4	Special anti-terrorist unit «Almaz»
6.4	Preparatory exercises. Shooting at static, appearing and moving targets under restricted time and at various distances according to exercise 12 of a special shooting course.	4	-	-	-	-	-	4	Special anti-terrorist unit «Almaz»
6.5	Preparatory exercises. Shooting at static, appearing and moving	4	-	-	-	-	-	4	Special anti-

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	targets under restricted time and at various distances according to exercise 13 of a special shooting course.							terrorist unit «Almaz»
6.6	Preparatory exercises. Shooting at static, appearing and moving targets under restricted time and at various distances according to exercise 19 of a special shooting course.	4	-	-	-	-	4	Special anti-terrorist unit «Almaz»
6.7	Preparatory exercises. Shooting at static, appearing and moving targets under restricted time and at various distances according to exercise 20 of a special shooting course.	4	-	-	-	-	4	Special anti-terrorist unit «Almaz»
6.8	Preparatory exercises. Shooting at static, appearing and moving targets under restricted time and at various distances according to exercise 21 of a special shooting course.	4	-	-	-	-	4	Special anti-terrorist unit «Almaz»
7	<i>Verification fire from sniper weapons</i>	8						
7.1	Verification fire according to exercise 1 of a special shooting course.	4	-	-	-	-	4	Special anti-terrorist unit «Almaz»
7.2	Verification fire according to exercise 2 of a special shooting course.	4	-	-	-	-	4	Special anti-terrorist unit «Almaz»
8	<i>Firing practice from secondary</i>	8						

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	<i>weapons</i>								
8.1	Preparatory exercises. Quick firing from a gun according to exercise 1 of a special shooting course.	4	-	-	-	-	-	4	Special anti-terrorist unit «Almaz»
8.2	Preparatory exercises. Quick firing from a gun according to exercise 2 of a special shooting course.	4	-	-	-	-	-	4	Special anti-terrorist unit «Almaz»
9	<i>Verification fire from secondary weapons</i>	8							
9.1	Verification fire according to exercise 1 of a special shooting course.	4	-	-	-	-	-	4	Special anti-terrorist unit «Almaz»
9.2	Verification fire according to exercise 2 of a special shooting course.	4	-	-	-	-	-	4	Special anti-terrorist unit «Almaz»
10	<i>Development of psychological stability of sniper groups.</i>	6							
10.1	Enhancement of moral and psychological qualities necessary for a special unit officer under extreme conditions	2	-	-	-	-	-	2	Special anti-terrorist unit «Almaz»
10.2	Methods of attention and emotional control in critical situations	2	-	-	-	-	-	2	Special anti-terrorist unit «Almaz»

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10.3	The ways of mental recovery of a sniper after experiencing emotional overloads.	2	2	-	-	-	-	-	Special anti-terrorist unit «Almaz»
	Total:	126	8	-	-	-	-	118	